

LA LUNA YOUTH ARTS

growing with the arts

**TERM 1
PROGRAM
2019**

Explore your creativity

Bringing Art to the Heart of Townsville - Developing skills through hands-on practice



AERIALS



art



CIRCUS



DANCE



DRAMA



MUSIC



STEAM

The Arts

are something that makes you

breathe

with a different kind of

happiness

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Riverway Arts Centre

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Thuringowa Central**



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Children Check**
Queensland's blue card system

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Townsville**

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Government**





DANCE

Shuffle & Shake (3 - 5yrs) Thursdays 9:30 - 10:30am

This class teaches children the basic concepts of dance, movement, music appreciation and rhythm. Shuffle and Shake builds self-confidence and self-esteem and actively fosters a love of dance whilst encouraging imagination and creative movement. Our tiny dancers learn about moving in a routine and working together as a group.

Hop It, Bop It (5 - 8yrs) Thursdays 4 - 5pm

Move It, Groove It (9yrs+) Thursdays 5 - 6pm

Participants learn the elements of dance in a fun, creative and get fit environment. In this ensemble they learn dance techniques, are exposed to different dance styles and learn routines as well as how to warm-up and warm-down safely.

Extensions (15yrs+) Mondays 7:30 - 9pm

These classes focus on movement technique, creating dance, partnering and other dance components in a fun, creative and get fit environment. Working across this term, the dancers will create short performance works to be showcased at community events.

art

Pint-sized Picassos (3 - 5 yrs) Thursdays 9:30 - 10:30am

Each week a fun new project is presented to learn a wide range of art and craft techniques introducing and encouraging children to let their creativity shine. Explore colour, shape and texture through art techniques such as watercolour, sculpture, collage and much more. Pint-sized Picassos lets them touch, make and do while learning beginner craft skills and developing their current ones.

VIVA (Venturing in to Visual Arts) Wednesdays (5 - 7yrs) 4 - 5pm, (8 - 10yrs) 5 - 6pm, (11 - 13yrs) 6 - 7pm

In VIVA you will explore a variety of both art and craft. While learning colour theory and essential skills and techniques to improve your artistic ability, you will make crafts you can take home.

Sketch & Paint (8yrs+) Thursdays 4 - 5:30pm

Learn new skills for painting and drawing portraits of animals and people. Improve your knowledge and skills in a range of mediums such as pencils; lead and coloured as well as watercolour and acrylic paints. Also learn about common art themes and its history, and have one-on-one guidance in each lesson.

STEAM

Senior Ensemble (9 - 12yrs) Mondays 4 - 5:30pm

Unleash your inner inventor, designer and engineer, as you learn about chemistry, biology and physics and lay the foundation in coding and robotics. This class will be fun and entertaining and foster problem solving, creativity and collaboration within the group as each participant will have a different idea or technique to offer to each experiment or challenge.

Junior Ensemble (6 - 8yrs) Fridays 4 - 5pm

Ignite your child's interest in STEAM and leave them wanting to learn and discover each week. We will explore projects and experiments in innovative and inventive ways. These classes are inquiry-based and follow the children's interests. You will learn problem-solving techniques and become confident in expressing, testing and refining your own ideas as well as collaborating on group projects. The jobs of tomorrow might not have yet been imagined. As the changes in science and technology continue to gather pace, we want to nurture the skills your child needs to succeed in the 21st century.

F

When do I pay? All participants need to pay a deposit to secure their place. This deposit is then deducted from the term fees when an invoice is sent out after the 3rd week of term. All fees must be paid by the end of term. We can arrange a payment plan if needed. Unpaid fees may exclude you from participating in any of our workshops until the overdue account is finalised or a payment plan has been agreed upon.

A

How many weeks are in your term? There are 9 weeks in each of our terms.

Do I have to book before coming to a workshop? Yes. There are limited places in all of our workshops but we do offer a trial with no obligation to commit to a term.

Q

Why do I have to pay a membership fee? Membership goes towards administration costs and is valid for 12 months from the first class attended.

Who pays the concession price? The concession fee is for those who hold a Federal Government Health Care Card, or a participant attends two or more workshops in a term, or families that have two or more siblings attending.



CREATIVE PLAY (18mths - 4yrs) Wednesdays 9:30 - 10:30am

This ensemble is a medley of art and drama for littlies. Each week will focus on a different area of development including, but not limited to, imaginative play, visual arts and movement. Your child will explore their creative impulses and self-expression; it's about the process not the finished product. You'll have lots of fun and learn with your little one and we'll take care of the cleaning up afterwards.

CIRCUS

Explore aspects of circus including tumbling, acrobalance, acrobatics, human pyramids, trampolining, balance, juggling, manipulation and clowning. Develop your circus skills while you improve your concentration, coordination, gross and fine motor skills, creative play, collaboration and teamwork skills. Come and join us in a safe, supportive, non-competitive and non-judgemental environment whether you're a beginner or you have some circus skills.

Rumble Tumble (3 - 5yrs) Mondays & Tuesdays 9:30 - 10:30am

Active involvement of parents can be decided on an individual basis.

Circus Hijinks (4 - 7yrs) Saturdays 10:30 - 11:30am

Roll Up, Roll Up! (5 - 8yrs) Fridays 4 - 5:30pm

Cirque de Play (6 - 9yrs) Saturdays 11:30 - 1pm

Cirque Foundations (10yrs +) Saturdays 1 - 3pm

Circus Essentials (8 - 14yrs) Sundays 9 - 10:30am

Circo Massimo (By invitation) Fridays 5:30 - 7.30pm

This ensemble is for young people with previous experience in circus who have exceeded the beginner level and are committed to enhance and explore advanced aspects of circus in acrobatics, tumbling, juggling, trampolining, balance and manipulation with a focus on their chosen individual speciality. Students will learn skills in choreography and scene structure to create individual and ensemble performance pieces.

Acrobatics (8yrs +) Saturdays 3 - 4pm

This workshop is for students who wish to learn and excel in acrobatics skills - tumbling, mini-trampolining, partner and group acrobalance and pyramids, in a non-competitive environment.

Contortion (6yrs +) Saturdays 4 - 5pm

This is a fun and rewarding form of flexibility training. You will focus on increasing flexibility, improving control and balance and learning contortion moves. Gradually you will put together a contortion routine. You will need to be comfortable with splits and back bends.

Adult Circus Class (16yrs+) Thursdays 6 - 8pm

Have fun, get fit and learn new skills in an entertaining environment. From beginners to those with experience, explore aspects of circus such as acrobatics, tumbling, juggling, trampolining, balance and manipulation, while building your strength, flexibility and coordination.

Private Circus Tuition (6yrs+) Days and times are negotiated with our Circus Program Officer. The hour private circus classes are for individuals or small groups who wish to excel in specific circus skills in a one-on-one focused environment. Ideal for any age or level, our tutors will tailor the class to achieve your goals. Book in for one lesson or ten - it's your choice.

AERIALS

Beginner Aerials 1 (10yrs +) Mondays 4 - 5pm

Beginner Aerials 2 (10yrs +) Wenesdays 5 - 6pm

Intermediate Aerials (10yrs +) Mondays 6 - 7pm

Advanced Aerials (10yrs +) Mondays 6 - 7pm

Participants will be introduced to static trapeze, aerial silk, hammock and lyra (aerial ring). With practice they will build up their strength and flexibility, and improve coordination and aerial awareness. Participants learn to climb, wrap, drop and roll as they master the execution of new movement and skills.

Adults Aerials (15yrs+) Wednesdays 7 - 8pm

This class is perfect for those with little to no aerial experience, as well as more advanced aerial students. Students will build up the strength and flexibility to improve coordination and aerial awareness, whilst learning how to climb, wrap, and hold yourself in positions on the silks, trapeze and lyra (aerial ring).

Open Aerial Training (10yrs +) Sundays 1 - 2pm

This workshop is a chance to practice skills and movements taught in aerial classes, in a supportive and safe environment under supervision from our tutors. This is not a regular class, it's to help participants develop their skills at an accelerated rate. You must be a member of La Luna Youth Arts to participate in these training sessions.



DRAMA

Curly Whirly (3 - 5yrs) Mondays 11am - 12pm or Fridays 9:30 - 10:30am

Squircle Theatre (4 - 7yrs) Saturdays 9 - 10am

Play a range of drama games and exercises that teach valuable theatre skills and encourage creativity. Have fun, build confidence, stretch your imagination and grow as a group. Each lesson concludes with a story created by the children and led by the teacher in role which develop storytelling and performance skills.

Zig Zag Theatre (6 - 9yrs) Wednesdays 4 - 6pm

Develop your acting and group work skills through playing a range of drama games and undertaking performance exercises. Your self-confidence, teambuilding and collaboration skills will improve while you have fun and take risks in a safe environment.

Twisted Theatre (10 - 14yrs) Tuesdays 4 - 6pm

This term develop your acting skills by creating, developing and experimenting with characters. Using a range of scripts and improvisation exercises, learn how to create believable characters and how to get into and stay in character... who are you, where have you just come from, what do you want, why do you want it, what will happen if you don't get it and what must you overcome?

Jagged Edge Theatre (15yrs+) Mondays 4 - 6pm

The Festival of One Act Plays (FOOAP) is on in early May. Together, we will look through scripts and choose either a 10 minute or one act play to rehearse and perform at the festival. You will not only act in the play but be responsible for costuming, props, set elements and effects. Please note that these classes are at the Railway Estate Community Centre.

Annandale Community Centre Annandale Shopping Centre, 67 MacArthur Dr, Annandale

Squiggly Theatre (6 - 9yrs) Tuesdays from 4 - 5pm

Act, create and communicate... Play a diverse range of improvisation games that teach listening, flexibility, resilience, teamwork and confidence. Your child will have a creative time interacting with new friends while they learn new skills and are challenged to do their best in a supportive and fun environment.

Theatrix (14yrs+) Tuesdays from 5 - 6pm

Develop your acting and group work skills through playing a range of drama games and undertaking performance making exercises. Your self-confidence, teambuilding and collaboration skills will improve while you have fun and take risks in a safe environment.

CIRCO NOVA PERFORMANCE TROUPE

La Luna Youth Arts' circus performance troupe Circo Nova features performance artists showcasing skills in acrobatics, aerials – tissue, trapeze, lyra, chair balance, stilt walking, fire twirling, object manipulation and juggling.

They are available for corporate, community and educational events. Repertoire pieces are offered if only short notice, however, we can tailor-make performance pieces especially for your event if you give enough notice. Please contact us for a quote to fit your event or budget.

Circo Nova has had work commissioned and regularly performs and entertains at community festivals and corporate events. Clients have included The Brewery, 1RAR, 2RAR and 4th Regiment Balls, NQ Combined Women's Services Reclaim the Night, Townsville Hospital Foundation's Gala Ball, NQ Defence Legacy Ball, Townsville Fashion Festival and Townsville Enterprise's 25th Anniversary Gala.

CIRCO NOVA (15+ yrs) Tuesday and Thursday 6 - 8pm

Our resident performance troupe is a group of passionate performers with an unwavering enthusiasm for all things circus. Entrance to this group is by invitation or audition.

CentrePay Available Now

La Luna Youth Arts has introduced CentrePay as a method of payment for your membership and term fees. CentrePay is a free service for customers to pay bills as regular deductions from their Centrelink payments.

Our CentrePay Customer Reference Number is: 555 127 806X

There are several ways to start CentrePay deductions. You can easily apply for CentrePay deductions:

- on line, using Centrelink's online services
- by telephoning Centrelink – 132 468
- by completing a CentrePay deduction form

We can also organise a CentrePay deduction arrangement on your behalf. Please call Alison Brennan on 4773 6377 if you would like us to set up an arrangement for you.

TRIAL CLASS

We offer obligation free trials for our ensembles to ensure you get the best fit before committing to a term.

AERIALS & CIRCUS: New participants may trial any class in the first 3 weeks of term.

DANCE, DRAMA, CREATIVE PLAY, MUSIC, STEAM & VISUAL ARTS: New participants may trial class in any week of Term 1.

Bookings are required for all trial classes.





Special Needs Classes

This is a new series of classes where the lights won't be so bright, the room won't be so busy and they won't overload their senses. It is our endeavour to make the classes fit the needs of the children and young people attending. However, for this to happen we need to have open communication and active participation of the parents and carers attending. You can trial a class with no obligation to commit to the term. It is also okay to start part way through a term.

TASTE OF DANCE (3 - 6yrs) Thursdays 11am - 12pm

Dance classes for everyone, with each class tailored to suit the abilities of the students. Dance is a wonderful way to gain confidence and make friends. For less mobile students, our classes are a great way for physical therapy to be incorporated in a fun and musical environment. Dance is also great for the mind as the students are encouraged to remember routines using imagery, muscle memory and music.

TASTE OF DRAMA (3 - 6yrs) Tuesdays 11am - 12pm

This class is full of drama games based around the theme of the day designed to warm up the children's bodies and voices. While they are playing, they are learning and developing skills in vocal projection, confidence in presenting their own ideas and working together creatively. The class always concludes with the children acting out a story that they have created supported by their teacher-in-role.

TASTE OF CIRCUS (3-6 years) Wednesdays 11am-12pm or Fridays 1 - 2pm or Sundays 10:30-11:30am

Explore aspects of circus including tumbling, acrobalance, acrobatics, human pyramids, trampolining, balance, juggling, manipulation and clowning. Develop your circus skills while you improve your concentration, coordination, gross and fine motor skills, creative play, collaboration and teamwork skills. Come and join us in a safe, supportive, non-competitive and non-judgemental environment whether you're a beginner or you have some circus skills.

CIRCUS ALL STARS (7 years+) Wednesdays 12:30-1:30pm

Tumble, balance, hula-hoop, juggle and much more in a supportive and non-competitive environment. Build up skills and confidence and make lasting friendships. Each activity can be modified to allow for own pace progression. The primary goal is to assist with personal and social development by nurturing self-esteem and trust in others, helping your child to acquire social skills, be active, express their creativity and realise their potential. Active involvement of parents and carers can be decided on an individual basis.

CIRCUS FOR SENIORS

CIRCUS GOLD (50 years+) Fridays 11:30am -12:30pm

Experience the joy and exhilaration of being in the circus! Circus is proven to be beneficial for all ages and body types – is it great for your health, it improves your coordination, balance and flexibility, cognitive function and social connection. Through progressive and structured learning you will do a range of activities including juggling, plate spinning, balancing feathers, manipulating trick sticks, acrobalance, aerials and much, much more. No prior experience is necessary, so come prepared to laugh and learn.

WHAT TO WEAR AND BRING TO CLASSES

- Bring a water bottle to all classes.
- All classes are done in bare feet.
- Wear clothing that is easy to move in. Leggings, bike pants, skorts or shorts are recommended for girls.
- For Aerial classes wear moveable, tight-fitting clothing that covers the backs of your knees and your armpits.



C I R C S	Creative Play	(18mths - 4yrs)	Wednesdays	9:30 - 10:30am	\$120 / \$110 (Con)
	Rumble Tumble	(3 - 5yrs)	Mondays Tuesdays	9.30 - 10.30am 9.30 - 10.30am	\$120 / \$110 (Con)
	Taste of Circus	(3 - 6yrs)	Wednesdays Fridays Sundays	11am - 12pm 1 - 2pm 10.30am - 11.30pm	\$120 / \$110 (Con)
	Circus Hijinks	(4 - 7yrs)	Saturdays	10.30 - 11.30am	\$120 / \$110 (Con)
	Roll Up, Roll Up!	(5 - 8yrs)	Fridays	4 - 5.30pm	\$180 / \$160 (Con)
	Cirque De Play	(6 - 9yrs)	Saturdays	11.30am - 1pm	\$180 / \$160 (Con)
	Circus All Stars	(7yrs+)	Wednesdays	12.30 - 1.30pm	\$120 / \$110 (Con)
	Circus Essentials	(8 - 14yrs)	Sundays	9 - 10:30am	\$180 / \$160 (Con)
	Cirque Foundations	(10yrs+)	Saturdays	1 - 3pm	\$235 / \$210 (Con)
	Acrobatics	(8yrs+)	Saturdays	3.15 - 4.15pm	\$200 / \$180 (Con)
	Contortion	(6yrs+)	Saturdays	4.30 - 5.30pm	\$200 / \$180 (Con)
	Circo Massimo	(By Invitation)	Fridays	5.30 - 7.30pm	\$235 / \$210 (Con)
	Circo Nova	(By Invitation)	Tuesdays Thursdays	6 - 8pm	\$200
	Aerials	Beginner 1 (10yrs+) Beginner 2 (10yrs+) Intermediate (10yrs+) Advance (10yrs+)	Mondays Wednesdays Mondays Mondays	4 - 5pm 6 - 7pm 5 - 6pm 6 - 7pm	\$200 / \$180 (Con)
	Adult Aerials	(16yrs+)	Wednesdays	7 - 8pm	\$25 / \$200 10 class pass
	Open Training	(10yrs+)	Sundays	1 - 2pm	\$15 / \$135 10 class pass
Adult Circus Class	(15yrs+)	Thursdays	6 - 8pm	\$20 / \$180 10 class pass	
Circus Gold	(50yrs+)	Fridays	11.30am - 12.30pm	\$120 / \$110 (Con)	
D R A M A	Curly Whirly	(3 - 5yrs)	Mondays Fridays	11am - 12pm 9.30 - 10.30am	\$120 / \$110 (Con)
	Taste of Drama	(3 - 6yrs)	Tuesday	11am - 12pm	\$120 / \$110 (Con)
	Squircle Theatre	(4 - 7yrs)	Saturdays	9 - 10am	\$120 / \$110 (Con)
	Zig Zag Theatre (6 - 9yrs)	Riverway	Wednesday	4 - 6pm	\$235 / \$210 (Con)
	Squiggly Theatre (6 - 9yrs)	Annandale	Tuesdays	4 - 5pm	\$120 / \$110 (Con)
	Twisted Theatre (10 - 14yrs)	Riverway	Tuesdays	4 - 6pm	\$235 / \$210 (Con)
	Theatrix (14yrs+)	Annandale		5 - 6pm	\$120 / \$110 (Con)
Jagged Edge Theatre (15yrs +)	Railway Estate	Mondays	4 - 6pm	\$235 / \$210 (Con)	
A R T	Pint-sized Picassos	(3 - 5yrs)	Thursdays	9.30 - 10.30am	\$120 / \$110 (Con)
	VIVA - Venturing into Visual Arts	(5 - 7yrs) (8 - 10yrs) (11 - 13yrs)	Wednesdays	4 - 5pm 5 - 6pm 6 - 7pm	\$150/\$135 (Con)
	Sketch & Paint	(8yrs+)	Thursdays	4 - 5.30pm	\$220 / \$200 (Con)
D I A N C E	Shuffle & Shake	(3 - 5yrs)	Thursdays	9.30 - 10.30am	\$120 / \$110 (Con)
	Taste of Dance	(3 - 6yrs)	Thursdays	11am - 12pm	\$120 / \$110 (Con)
	Hop It Bop It	(5 - 8yrs)	Thursdays	4 - 5pm	\$120 / \$110 (Con)
	Move It Groove It	(9yrs+)	Thursdays	5 - 6 pm	\$120 / \$110 (Con)
	Extensions	(15yrs+)	Mondays	7.30 - 9pm	\$180 / \$160 (Con)
M H S	Junior STEAM	(6 - 8 yrs)	Fridays	4 - 5pm	\$150/\$135 (Con)
	Senior STEAM	(9 - 12yrs)	Mondays	4 - 5.30pm	\$210/\$190 (Con)

LA LUNA WORKSHOPS RUN OVER A 9 WEEK TERM

Term 1 starts Saturday 2nd February

Please refer to our website for detailed schedule of start and end dates.

Bookings are essential. To book or for more information, please contact us by phone or email.

Ph: 4773 6377 e: info@lalunanq.com

Workshops are held primarily at the Riverway Arts Centre; students will be met in the foyer prior to class commencing

ELECTRONIC PAYMENTS: Commonwealth Bank- La Luna Youth Arts BSB: 064 817 Account #: 1001 0385

Please use participant's name as reference